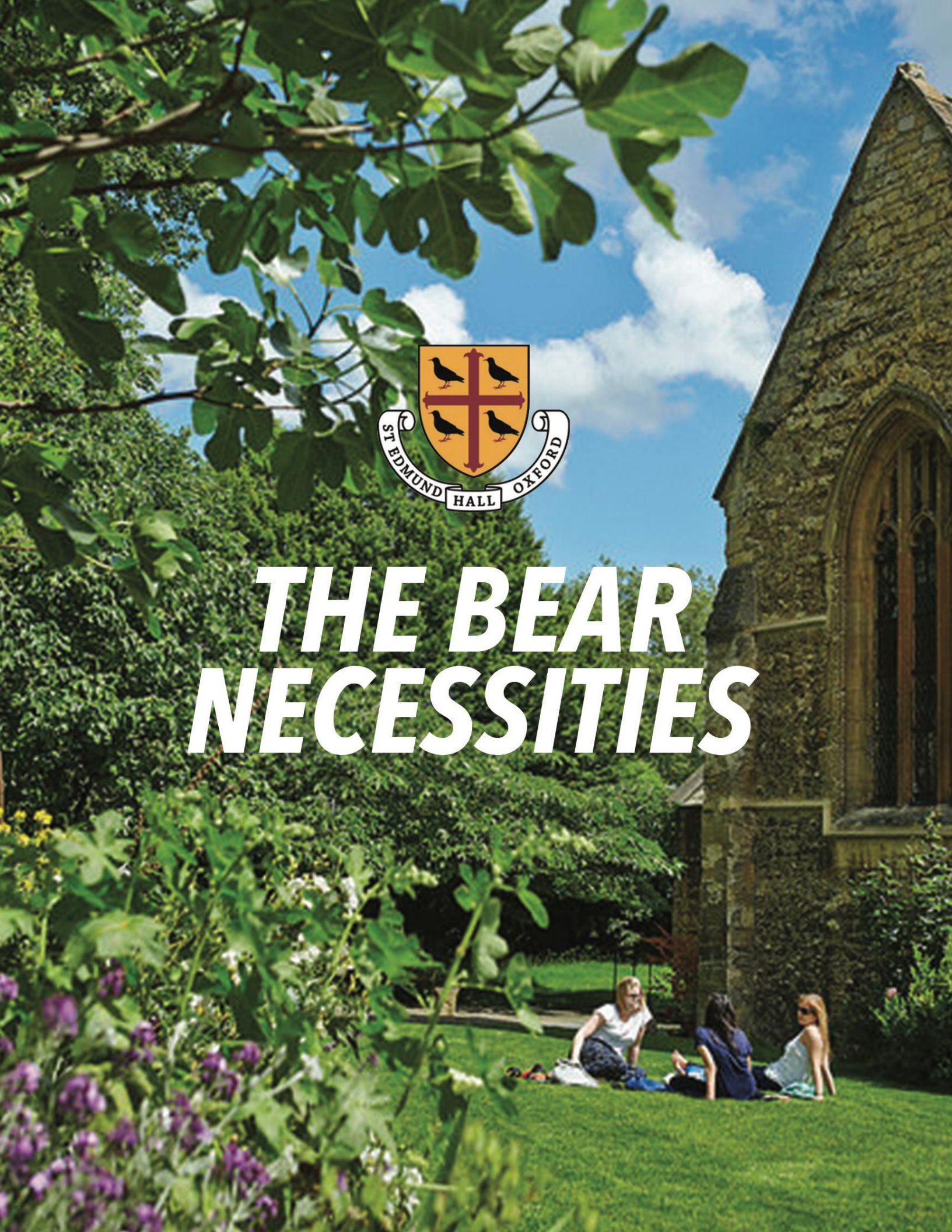




THE BEAR NECESSITIES





Dear Freshers...

First things first – a huge congratulations for getting an offer from Oxford’s finest college! As your Social Sec and Freshers’ Helpers, we are looking forward to welcoming you into the college. We hope you are looking forward to coming and we will do our best to make the transition to Teddy Hall (banish the phrase ‘St Edmund hall from your vocabulary, it is and always will be ‘Teddy Hall’ or simply ‘the Hall’) as smooth, easy and as fun as possible.

Oxford can seem like a daunting place - it shouldn’t. Teddy Hall is famed for its community spirit and friendly atmosphere and we are all here to help, so if you have any questions when you’re here feel free to say hello or give us a wave.

Please enjoy reading this guide and we can’t wait to see you soon!

P.S. If you want to get in touch with any of the students you’ll be introduced to in this guide, either drop them an email (you can search them up through your Oxford Email) or a message on Facebook (through the St Edmund Hall JCR 2021-22 group – if you don’t have Facebook already, definitely set an account up before you come as it’s the main method of communicating events etc in Oxford!)

The JCR Committee

The JCR Committee preside over the General Meetings (discussed in 'The Essentials'), and act as representatives for the undergraduate body in their various positions, as well as taking responsibility for organising social events, reporting on happenings in the hall and supervising the general welfare of the JCR.



President – Brittany Perera

(jcr.president@seh.ox.ac.uk)

I'm Brittany, I love the Hall and I'm your JCR President. Teddy is my favourite place to be in Oxford and my job is essentially to make it yours too. I'm your middle-man between the student body (that's you) and the senior committee, as well as someone you can just chat to about any and all things you want changing, big or small. Responsibilities include: many meetings, maintaining Hall Spirit, occasionally wearing the Teddy Bear mascot suit.



Vice President – Adam Roble

(jcr.vp@seh.ox.ac.uk)

Hey everyone, I'm Adam Roble your JCR VP. I'm the person you can come to for any problems or suggestions about improvements for everyday college life such as food, accommodation and the JCR. My main job is making sure everyone here has the best experience possible by working directly with college staff to make sure that college stuff runs smoothly e.g. formal halls, JCR photos and Christmas dinner. Feel free to drop me a message about literally anything and I'll always do my best to help!



Welfare Officers – Verity Black & Jake Elliott

(jcr.welfare@seh.ox.ac.uk)

Hi all!! Our names are Jake and Verity and we are your JCR Welfare Officers for this year! This essentially means we are responsible for organising welfare events, leading the team of peer supporters within college, and helping to raise the college tortoise, Monty. "Welfare events" is deliberately vague as we put on such a wide variety of (usually food based) events throughout each term to give people an opportunity to get away from academics, meet new people and have a laugh! The one constant event we provide is JCRT. This is a weekly delivery every Friday afternoon of cakes, chocolate, sweets, savoury snacks, smoothies and more (including gluten free and vegan alternatives!) which are all free to students. It is such a nice event to end of the week and de-stress. We also often team up with the Entz team to put on bigger events, such as treasure hunts or our annual sports day, and are always open to more ideas! We usually email and post in the JCR Facebook group regarding announcements of upcoming events or general weekly updates, so remember to check one or the other to stay keep up to date. We also provide condoms, pregnancy tests, other sexual health products and more in the college welfare room and can be a confidential mediator for emergency contraception. We are also happy to assist with any academic-related concerns such as helping find appropriate support for exam arrangements and accessing funding for academic costs. If freshers week and the start of term gets overwhelming, there is always somebody you can talk to. Feel free to contact either of us at any point before or during term if you have any questions or concerns. We're really looking forward to meeting you all!





Social Secretaries – Emily Falconer & Sophie Richardson

(jcr.socialsec@seh.ox.ac.uk)

Heya Hall! We're Emily & Sophie and we will be your social secretaries until the end of Michaelmas! We organise all the social events in college from BOPs and Weekly Club Tickets to Open Mic Nights and Games Nights in the JCR. Our aim is to make your time at Teddy as much fun as possible (only sometimes at the expense of our degrees) so if there's anything you want to see happen in the Hall this term, drop us a message or collar us in the JCR!



Treasurer – Jack Sun

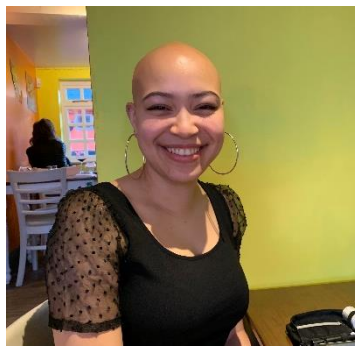
Hey guys,

My name is Jack, and I'm your treasurer for this year. My main job is to plan and record the JCR's spending each term, which will be tracked on a public spreadsheet. I'm also in charge of getting you guys any reimbursement for any fees from sport, music, or other activities (the forms required for this can be confusing, but please reach out and I'll try to clear things up). I'm looking to make sure we spend our JCR money as best as possible (while not going bankrupt), so please reach out to me with any ideas. I look forward to being your treasurer and working with the rest of the committee!



Secretary – Tia Yang

Hey! I'm Tia, your JCR secretary. My main responsibilities include organizing JCR meetings and hustings as well as working with the rest of the committee to make your time at Teddy extra special! I also sort out college families, the Trinity punt, and some other things throughout the year. Feel free to let me know if you have any questions, secretary related or not, I am always happy to chat!



Ethnic Minorities Officer – Lucia Mullings

Hi everyone! I'm Lucia, your ethnic minorities officer! Beginning university can feel isolating as it is, even without the added pressure of being a minority. I'm responsible for representing the ethnic minority community and our experiences to the college, whether big or small. If you identify as BAME, feel welcome to join our a Teddy Hall Ethnic Minorities Facebook group, to get involved in our fun events, raise concerns, report incidents or simply have a chat :)



Gender and Sexual Diversity Officer – Luke Drago

Hi! I'm Luke (he/him) and I'm the current LGBTQ+ officer at Teddy Hall. I'm here to help any LGBTQ+-identifying members of the college with any concerns, queries or suggestions you might have. I am available to chat by message, email, on our Teddy Hall LGBT Facebook group, or at our regular social events in college, including QUOTH in 8th week and lots more. See you around!



Access Officers – Claire Mallon & Yasmin Ratcliffe

Hey hall! We're your access officers. Our goal is to make sure that college and the JCR is reachable by EVERYONE, no matter your background, wealth or location. Equity and outreach is a really important to us in ensuring that Teddy is fair and accessible. We run an Instagram page (@sehaccess) to give prospective students a taste of what life at the hall is like, and provide advice on how to even begin to approach the application process. Recruiting ambassadors happens at freshers fair - it's a really rewarding job with benefits (free drinks and ming!) plus you'll make a massive difference to people, especially those who might need that push of encouragement to believe in themselves more than others. All the best, Yasmin and Claire.



Class Officer – Katie March

Hey, I'm Katie and I'm the class officer for Teddy hall! My role is mainly about creating a community within the hall for students from underprivileged/state school backgrounds. The role is relatively new, but I'm here to provide support or advice for anyone who's struggling financially or with the culture at Oxford.



Disabilities Officer – Charly Cheng Whitehead

I'm Charly the disability rep! There is both government (via student finance website) and university disability support (complete the DAS registration form online) available to students. I'd recommend applying for both as government support tends to be more financial whereas the university will put together a student support plan which will make accommodations for your Oxford experience itself (exam arrangements etc). This can take a while/be a bit confusing so if you have any problems just drop me a message.

In general, if you have any disability related issues or simply want to have a chat please feel free to message/email as I'm happy to help with anything!

Women's* Officers – Sarah Woodford & Harriet Eyles

Hey, we're Sarah and Harriet, your women and minority gender identity officers for this year!

Our role is to act as a representative for women and minority genders in teddy hall, but we aim to do more and we would love everyone to feel comfortable talking to us about anything, and know that we're here to listen and advocate for you. The other, especially fun part of our role is to organise the termly WOTH night (women* of the hall) which is defo our favourite part of Michaelmas, Hilary, and Trinity!! Follow our Facebook @SEH JCR women and minority gender identities 2022/2023 and Instagram @sehwomens

Men's* Officer – Felix Clayton McClure

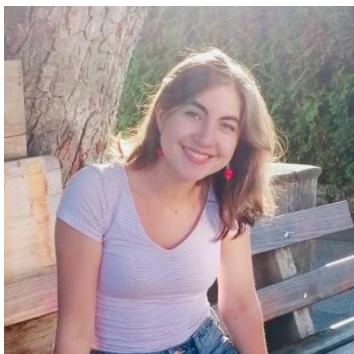
[lens flare] Hello! My name is Felix and I am Teddy Hall's Men*'s officer this year [sfx explosion] which means that I represent the interests of all Men* of the Hall – and of course host MOTH once a term, an event which brings us Men* of the hall together over JCR funded lukewarm lager. Please come to me if you have any Male*-specific welfare needs, or if you feel for any other reason inclined!





Sports Officers – Poppy Buckley & Teddy Thomson

Hi we are Poppy and Teddy, the JCR sports reps. We are here to help you with anything sporting related from sorting individual funding to trolleys of alcohol for sports matches. We want to get as many of you involved in college sports as possible. We are also in-charge of making college stash so that everyone can show their Teddy Hall spirit dressed in maroon and gold.



International and Visiting Students Officer & Accommodation Officer– Jasmine Kreutzer

Guten Tag! I'm Jazzy, a 3rd year English student from Germany and Teddy's International and Visiting Students Officer. Teddy Hall is such a welcoming, lovely community with lots of warm and kind people, and with international and visiting students from a thrilling variety of backgrounds. I'm sure you'll have a great time- nevertheless, it's hard living in a new country sometimes! I'm here for you if you want to have a chat about any worries, culture shocks, language barriers, want some help with reaching out to other (international) students or with organising life away from home! You can always message me, send me an email via my uni address, or approach me around Teddy!

I also am the JCR's accommodation officer, which means I can help you with any questions related to you room, staying in Teddy over the vac etc.

Accommodation and international matters often go hand in hand: felling good about one can really help with the other. SO don't hesitate to get in touch!

Arts and Culture Officers – Minnie Leaver, Charlotte Rich-Jones & Maia Sansour

Hi guys, We are Minnie, Charlotte and Maia your current JCR Arts and Culture reps! Teddy hall has a large creative community, especially regarding drama, creative writing and Fine Art. We're here to champion the arts around college and let you know about arts based opportunities, as well as putting on some events! If you are interested, or have any ideas for future activities, we have an Instagram (@seh.arts).



Environment and Ethics Rep – Esmé McMillan

Hi, I'm Esmé and I'm the Environment & Ethics rep for Teddy. My role consists of trying to make the college greener, feeding back ideas to the college committees I sit on and trying to make the JCR more sustainable and socially just. I'm always looking for new ideas so don't be afraid to come and have a chat about how to make Teddy the greenest college in Oxford!



Food & Drinks Rep – Rose Morley

Hello hello! I'm Rose, the food and drinks rep! I love ming (dinner) , which is why I made a JCR committee position all about it. Every week I have a meeting with the chef and housekeeping staff where I give all of your ideas, which are collected on the @teddymingrep insta, so give that a follow if you want your bread buttered and pickle tickled the right way. Although I can't guarantee any changes I always want your opinions so don't hesitate to message me or stop me in the Wolfson (just not when I'm chowing down on my third brownie)



Academic Officer – Stefan Arama

Heya! My name is Ștefan, I'm an international PPE student from Romania. I like going to the college bar with friends and talking about politics and other much less academic subjects. I was academic officer for two terms and found it really cool to see how the college leadership talks among themselves and makes decisions. My biggest regret is not bringing up the lack of wifi in the library toilets.





PEER SUPPORTERS

We've all had over 24 hours of training from the university counselling service, so we are always here to listen. Feel free to contact us for a chat or pop by to any of our drop ins if you ever need someone to talk to. Everything spoken about can remain confidential.



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3rd Year Geography
+44 7946397926
zoe.martial@seh.ox.ac.uk



Thomas Henning
4th Year Medicine
thomas.henning@seh.ox.ac.uk
Or via messenger



Luca Boot
3rd Year History
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Ben Luckraft
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Aili Channer
2nd Year English
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aili.channer@seh.ox.ac.uk



Olly Beaven
1st Year DPhil Medical Sciences
oliver.beaven@imm.ox.ac.uk

Or if you'd prefer to speak to a peer supporter outside of college, please contact **ellie.scyner@mansfield.ox.ac.uk** to speak to one of the lovely Mansfield peer supporters!



Meet Your Freshers' Helpers

You will meet your Freshers' Helpers during freshers' week. They are a team of 2nd, 3rd and 4th year students led by third year 'Social Secretaries', Emily & Sophie and our second year 'Freshers Reps' Lalou, Joss, Eve and Ben. They represent a variety of different subjects and societies, and hopefully will be able to answer any questions you have as you start your time at the Hall.

Meet Your Social Secretaries

Hi! We are Emily & Sophie and our sole purpose in life for the last 6 months (aside from writing one dissertation and planning one fieldwork project) has been to bring you the best Fresher's Week in the city! We have an amazing team of freshers helpers, who you will be able to find sporting their very stylist freshers t-shirts on Sunday night, and will be making sure that you get to all the events safely and have the most fun possible! If you need anything or are worried about anything in Fresher's week (or any time) don't hesitate to message us or Verity & Jake, the welfare reps.



Meet Your Freshers' Reps

This is your freshers team who have been helping Emily & Sophie plan all the fun things coming your way in Freshers Week! We will hopefully have something for everyone, whether you're to be found in Bridge dancing the night away every Thursday or you prefer to spend your evening with a bag of popcorn and a movie in the JCR or something in between.



LALOU LAREDO
2nd year Geography

Favorite thing about the Hall: the people and the green wall.



JOSS CARR
2nd year Geography

Favorite thing about the Hall: It's community.



BEN KEATES
2nd year Material Science

"Luv ming. Luv Emden. Nuff said."



EVE GUETERBOCK
2nd year Fine Art

"I love Tart mag #promo."



Freshers' Helpers

Here are all of your Freshers' Reps – they'll be on hand to help you move in and help out at all of the amazing events we have planned for freshers' week!



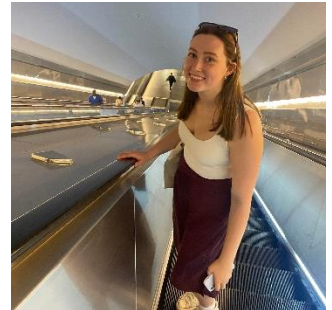
MICHAEL ATIFE
2nd year

"Come for Hall Spirit. Stay for ming."



MATILDA PIOVELLA
2nd year English

Favourite thing about the Hall: the front quad when it's Christmassy & snowy.



ISABEL AMBROSE
2nd year Law with French Law

"Taking the Michael Atife approach"



ELLIS HALL
2nd year Medicine

"Lib. Laugh. Love."



ALYSSA CHAN
2nd year Engineering

"Alcohol doesn't solve everything but it's worth a shot."



ETHAN BAREHAM
2nd year English

"Successful three-time cox."



MIA GEDDES
4th year Earth Science

"Some rocks are round, some rocks are sharp."



POPPY BUCKLEY
2nd year Biomedical Science

"Iconic duo: Bridge Thursday and Poppers."



Q Sun
2nd year Material Science

"What came first: the Hall or the Hall Spirit?"



TEDDY THOMSON
2nd year E&M

"Teddy from Teddy."



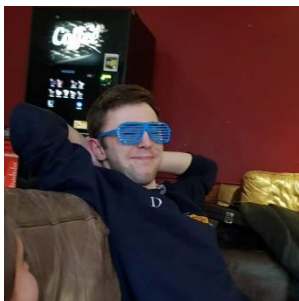
EBRAHIM OSMAN
2nd year Law

"Let's Kill All the Lawyers."



CATHERINE GOWER
2nd year Earth Science

"Licking rocks is a lifestyle."



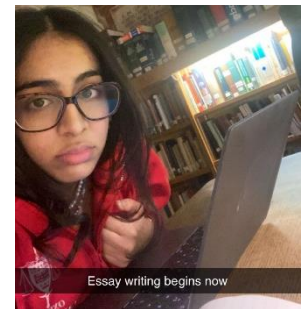
DANIEL COSTELLO
2nd year History & Politics

"That's the Kelly building,
but front quad is very
nice."



BRODIE WEYMOUTH
2nd year Geography

"Would die for the hall, or
a meal deal."



IMAAN SAEED
2nd year Law

"Work hard, play harder."



ROSE MORLEY
2nd year Geography

"Certified mum, 7 days a
week."



SARAH WOODFORD
3rd year Geography

"If you want to find me I'll
be wearing this exact
coat."



The JCR

The JCR – Junior Common Room

Next to the Wolfson Hall, at the bottom of Emden, is our common room – the home of the TV, pool table and the most infamous chocomilk machine. Normally this room is at the centre of undergraduate College life, with everything from viewings of World Cup Finals to JCR Tea. It's the perfect place to take a lunch hour (or two, or three ...) away from the library – but it's hard to resist the pull of the sofas and endless movies (and The Chase) playing on the TV. It's also the heart of the college after a night out – it's inevitable that you'll stumble into the JCR with an Ahmed's in hand at some point in freshers' week.

The JCR also has a committee and funds; meetings are held three times a term in the JCR, where members of the JCR (i.e. you) are able to propose motions on how the JCR money is spent or how the JCR constitution works. JCR elections are held at the end of Michaelmas and Hilary term, and anyone can run.

The MCR – Master Common Room

The graduate student's version of our common room found to the right of the bar is classier than the JCR with comfy sofas and chairs and an array of bottles waiting to accompany the evening's rather stimulating conversation by the fire. We'd probably just end up feeling uncomfortable...

The SCR – Senior Common Room

The mysterious area of college where only senior common room members (i.e your tutors) are admitted. If you ever receive the opportunity to go up there/ manage to sneak in, please do tell us what it's like, as we're all dying to know.



Packing

Packing can seem a tad stressful, but it really shouldn't. Most things don't matter and luckily, we have compiled a list of the stuff that we think does.

The first time you move in, the Freshers' helpers will help you carry all of your things up to your room, so if you want to make friends, less is more! Also, don't forget that everything you bring has to be moved out at the end of every term, so pack seasonally.

Essentials

- Toothbrush/toiletries
- Towels
- Duvet and pillow, with covers (most beds are single)
- Rucksack or satchel
- Laundry basket or bag
- Laptop and charger
- Extension cable
- Ethernet cable
- Hairdryer
- Plate, bowl, mugs, saucepan...
- Cutlery and a sharp knife
- Warm clothing for Michaelmas
- Sub Fusc (see The Essentials)
- Doorstop
- Formal wear

Non-essentials

- Decorations & plants
- Beanbags, cushions
- Clothes drying rack
- Flipflop/crocs for the showers
- Lamp
- Blankets
- Speakers
- Fancy dress
- Sports kit if you want to do college sport
- A good hangover cure
- Snacks that make you happy

What Not to Pack

- Candles and incense are strictly banned
- Irons, kettles and toasters are banned from rooms, but will be provided
- You won't need your entire bookshelf



Moving In

Access to Teddy Hall is extremely limited and parking is even more so. In order to combat this, College has organised for you all to arrive staggered at different times (which I am sure they have explained to you already). On arrival, a team of current students (our freshers' helpers) will be around to welcome you to the Hall and to show you to your room. Once you've unloaded your car near the main entrance, we also do ask that parents move to one of the nearby car parks to free up space outside the Hall – although of course you are welcome to see them before they go.

First years are allocated a room in Emden, Kelly, Whitehall, Besse or Dawson (called the William Miller Building by College). All the freshers accommodation except Dawson are in the main site and the rooms are pretty identical, Dawson is a very short walk away and but has nicer rooms with a big kitchen and ensuite bathrooms. Fun fact about Kelly: it is the tallest building in Oxford without a lift! Once you get up there though, you'll find each room is fairly spacious, with ample wardrobe space and full length mirrors on every floor. Each room also has its own sink, and there are communal bathrooms and kitchenettes on each floor.

When you first arrive, make sure to meet everyone on your floor either by propping your door open or being bold and knocking to introduce yourself to others. Teddy Hall's small site means you'll be bumping into people all the time which means it's super easy to meet everybody. Wherever you are you will have an amazing time, get to know so many people and make great friendships!

College do not allow you to switch rooms once they have been allocated, but if you have a serious medical or personal reason as to why you need to, please get in contact with the JCR accommodation officer (jasmin.kreutzer@seh.ox.ac.uk) or Belinda Huse (accommodation.officer@seh.ox.ac.uk). We will try everything possible to make everyone happy.



Living in College

Access to college is restricted for security's sake, so remember to take your fob key with you wherever you go. This allows you onto all floors, into the library and the late gate. Be careful not to lose this or you will have to pay a fine or around £25 to College to get it replaced. At 11pm, the main gate into college and the main exit out locks and instead access to the main site is via the late gate on the High Street, between Honey's Newsagents and The Rose Tea Room. Use your key on the turnstile and stumble blearily to bed.

Each floor has a scout, who empties bins and hovers rooms every weekday. If you don't want to be disturbed, or your room is unfit to be seen by anyone's eyes but yours, then leave your bins outside your door and your scout will get the message. You should try to befriend your scout, they're all lovely people and you'll see a lot of them!

Bikes in Oxford

College provides racks to store your bike. Make sure you register your bike at the lodge within your first week. If not registered, your bike will be cut off the racks and thrown away. If you're not sure whether or not to bring a bike with you, see how your first week of commuting to and from lectures by foot is – you can always buy a bike here; there are lots of second hand bike sales in the first few weeks, and also a number of good bike shows around Oxford. Bike theft in Oxford is quite a big issue, so always try to lock your bike to something, rather than just to itself. Also, make sure you invest in a good lock (we recommend D-locks or chain locks – you can buy a good quality D-lock from the Oxford Union for £10), and always remove your bike lights when you leave your bike.





College Food

As you will quickly notice (and be confused by...) no one at Teddy calls dinner 'dinner'. Instead you'll often hear "Ming?" whispered across the aisle of the library and ring out around the JCR. You'll fight using the nickname for at least a term, but eventually give in and forget what the word dinner actually means.

Though kitchens are available on almost all floors, Teddy Hall is catered for at breakfast and dinner. The food at Teddy Hall is always lovely – "Ming" is a great time to sit back and unwind after a day of work and catch up with all your friends. Meal times are updated each week and you can wander in from the library or down from your room to join the queue anytime. You credit is held on your BodCard so make sure you bring it with you and have it topped up to avoid the inevitable awkward moment at the front of the queue when you can't actually pay... Freshers have to prepay for a certain amount of meals. CashforMing is a student Facebook group which is a useful way of selling any excess ming to hungry second and third years when it nears the end of term... Be sure to let the servery know any dietary requirements so that you can enjoy ming as much as the next person, and look into a booking onto a formal once or twice a term for the fancier version of eating with friends (nicer food, wine, latin stuff and candles).

Battels and Finance

Both accommodation and meals are paid for on your battels statement (your bill), which you will receive at the beginning of each term. Accommodation fees include all water, electricity, heating bills and a set number of meals. You can find far more detailed information about your battels in 'The Essentials' guide.

Paying for meals is all done on the same website as your battels: EPOS. You should receive your login from college shortly.

The Library

Just to confuse you, the Teddy Hall library can be found inside the Norman Church (bragging point: it's the oldest church in Oxford), which you'll find through the first arch on your left in the front quad. It's well stocked and the collections of past exam papers come in very handy, but let's avoid all of that for now... There's a photocopier, computers and printers too. We recommend going to your library induction tour though, otherwise you could spend an embarrassingly long time figuring out how to take out a book (speaking from previous experience!).

The library is a good place to work, with a quiet atmosphere, plug space for laptops, a good amount of desk space and open 24-7. It's also very close to the JCR coffee machine and sofas if you're need of a strategic study break with friends. If you find yourself doing more people watching than work, then do remember that the library tower is usually far emptier than downstairs and there's very little to distract you up there. There's also our IT Room which is another great place to work if the library ever gets too full – a little bit more chilled out than the dead silence of the library!

There are also many, many other libraries in Oxford, so if you end up getting a bit tired of Teddy Hall's library, definitely go out exploring for more exotic places to work in – the RadCam (Radcliffe Camera) and the Bodleian are just a short walk away.





College Amenities

Bar

Our bar may not be the biggest in Oxford, but that just means it's always lively. You can get just about anything you fancy here – all the usual booze, soft drinks, tea and coffee, crisps and sweets, all at a lower cost than high street pubs and bars, plus Teddy's own cocktail. Photos of previous sporting victories are hung up on the walls of the two halves of the bar (the Buttery on the left and the Well on the right) and clubs/societies often meet here for a drink, or just to use it as a cosy meeting spot. It's a great place for an open mic night as well. Hayley is in charge in the bar and would love to meet you and help you organise any events in the bar, as long as you stay on her good side...

Gym

Teddy Hall has its own gym, over at Norham Gardens (one of our post-graduate accommodation sites), which is a 5-minute bike ride from college. It's on the small side but it is FREE for any Teddy students to use, and it has the benefit of being nice and quiet! Gym inductions will happen early this term and there is a booking form to arrange a time slot for using it. You must be inducted to use the gym so make sure you sign up when its available.

Music Room

You can pick up the key to the Music Room at the Porter's Lodge, and then it's all yours for any musical or theatrical needs – although be sure to book to avoid disappointment. It's set underground so you can make plenty of noise without disturbing anyone, and boasts a wide array of instruments and sound tech. It's also the perfect place to practise if you're doing any drama, especially if you enter the cuppers competition – you'll hear more about this at the start of term through your Arts and Culture Reps.

IT

The JCR computer room is now located in what used to be a Podarock shop and it can be accessed from the High Street during the day and from the Kitchen quad at night. The computer room is great for emergency essay printing if you don't have a printer of your own (much easier than traipsing up the library tower where the other printers are) and is usually paper ready. It is also a very nice workspace, and alternative to the library.

Nurse

Whatever the reason for your visit may be, the college nurse is there to offer you support – whether you need to talk through a problem or are in desperate need of a paracetamol. You will get an email to let you know the hours when the nurse is available, and it might be best to email them arrange an appointment time, just to make sure. The nurse's room is also where you'll see the college doctor if you've made an appointment (On Whitehall first floor). A doctor from the Summertown practice (you'll register with them at the start of term) comes to the college weekly and you can book an appointment online. All information regarding this is on the SEH website in the 'current students' section.





Oxford Nightlife

Plush – Great central location on Cornmarket Street, Plush is the LGBTQ+ venue in Oxford with Oxford's LGBTQ+ society leading a club night there every Tuesday. Every other night of the week, all are welcome for their famous 3 for £5 jaegerbombs (£1 shots on Thursdays). Sweaty n vibey, with the occasional great DJ event. You'll know it's a good night when sweat starts dripping off the ceiling...

Bridge - An iconic Thursday night and the home of the existential crisis. Easily got the best smoking area in Oxford and it's here you'll see everyone you've come to know (for better or for worse). Early arrival through Anuba (or Spirit if we want to get technical), the down-stairs sister bar, is essential for cheap drinks and avoiding queuing for years... We sell tickets for Bridge Thursday every week for a discounted price – watch out for the google forms and we'll see you in Anuba!

Varsity Club - Has an impressive rooftop terrace, but also boasts a very pricey drinks menu. Nice for an occasional treat or to impress visiting friends...always the venue for any posh society drinks.

Park End - This place hasn't actually been called Park End for years, but God forbid you call it by its real name ... Atik. The home of uni sports teams and VKs on a Wednesday or a rogue Brookes night on a Monday. Either way, a lot of fun with a great cheese floor.

Bullingdon Club & O2 Academy – Gig venues out in Cowley. They host themed club nights throughout term too that can be a lot of fun!

Thirst – Opposite Park End, has a bar and dance floor, good for when Parkends full or you feel like a random night with cheesy music. Nice outdoor area and snazzy cocktail options.

During term Emily & Sophie will be organising loads of fun events for everyone whether you drink or not! Watch out for BOPs, Open Mic Nights, chilled nights in the JCR or weekly club tickets. Keep your eyes on the JCR facebook and instagram pages to stay up to date with all the events taking place!

Unofficial Glossary

Ahmed's or Best kebab van: Two Legendary Kebab vans near college. Enemies or lovers – you decide. Seems like a great idea after a night out, but is arguably regrettable the morning after when your room smells like garlic. 'I'm never eating that again', you vow. Oh, but you will. A portion of chips on the way home has been known to save even the most messy night out and is the fuel needed for the long journey back to Cowley in second year.

BOP: Big Organised Party. Shame? Modesty? Good taste? BOPs are where you'll take a picture of the next big name in politics dressed in something entirely inappropriate that you can sell to the Daily Mail for a mint in 20 years' time. Unusual themes must be met with creative costumes, whether it's a witty piece of paper attached to your chest, writing across your face with eyeliner (I personally don't recommend permanent markers), a group effort, or an impeccably crafted (sustainably sourced) piece of art that you managed to pull together in the 30 minutes between your last tute and pres.

BNOC: Big Name on Campus. Prepare to not know who any of these self-proclaimed BNOCs actually are. They all peaked in sixth form and are just trying to keep living that dream. They lurk on Oxfess.

Crew Date: Oxford tradition where two groups go out for a boozy meal. Prepare for various drinking games and other assorted fun. A brilliant way to learn things about your new friends that you never wanted to know, but are secretly glad that you do.

Chocomilk: The nectar of the Gods.

Collections: Exams at the start of every term to check you haven't been slacking off over the holidays. They don't matter. Don't panic.

Cuppers: Everyone's favourite sporting event. Whether you play it or you don't, watching inter-college cuppers sports will either be the best or worst experience of your life.

JCR Tea: Everyone's favourite moment of the week. Arrive early to secure your share of tiger bread, guacamole, capri suns and frubes or other treats £100 of the JCR budget has bought everyone.

Keble: Otherwise known as K%ble. The enemy. You'd rather go to Cambridge than to K@&le and that's all you need to know.

Kelly: Literally Mount Everest.

Michaelmas, Hilary and Trinity: The embarrassing names we have for winter, spring and summer terms. Avoid using around friends from home, you will be laughed at.

Ming: Affectionate name for dinner served in college.

Monty: our recently acquired college pet – a tortoise! He lives in the Welfare room and would love a visit.

Pidge: Your own pigeon-hole, where post and leaflets are received. Enjoy checking this multiple times a day until the novelty wears off.



Plodge: Term for the porter's lodge, for those of us who don't have enough time on our hands to say the whole thing.

Rowers: 'Oh, I didn't realise they rowed' is a phrase you will literally never, ever hear because anyone who has been on the river will tell you about it every time they see you. (Also a nice community and exercise I guess is good for you)

Trashing: An Oxford tradition where students, having finished their exams, are covered in the likes of shaving foam, silly string, confetti and some sort of fizzy alcohol. The higher ups don't like it because they don't like fun, but there are ways around this....

Scout: So much more than a cleaner. The only reason your room doesn't become an actual hovel.



Sports and Societies

We'll have a College Freshers' Fair during your first week where you can sign up to any of the societies below. There'll also be a big University Freshers' Fair with lots more societies – there's something for everyone!

You can find the list of current societies on the Oxford Uni Website.

Rowing – menscaptain@sehbc.org (Toby Whitehead), womenscaptain@sehbc.org (Erika Dutton)

College-level rowing is probably one of the most accessible places to start the sport. As the largest sporting society at Teddy Hall, we value participation just as much as performance. The majority of Teddy Hall rowers and coxes learnt as freshers and all play their part in making up an incredibly welcoming club - so don't worry about not having prior rowing experience! We thrive on those who arrive at university keen to try a new sport, and we cater for those joining purely for the fun of it as well as those aiming to out-perform other colleges and universities in races across the country. Whether you want to row once a term or five times a week, we'd love to hear from you. Through joining SEHBC you can also try your hand at coxing. The cox is the person in the boat who takes charge of steering and issuing commands - it's a lot of fun, especially in Oxford's bumps style regattas. We have a large women's and men's side of the boat club, and we pride ourselves on being an incredibly integrated club, in both training and social aspects. Teddy Hall boat club has a fantastic social scene and we regularly hold games nights, BBQs, and crewdates, as well as boat club dinners once a term. So whether you're rowing through Oxford in glorious weather with your friends, winning big races, or celebrating at end of term dinners, rowing is a very unique and

Gender Equality At Teddy – ella.tan@seh.ox.ac.uk

GREAT was created with the belief that at Teddy, equality and empowerment should be for all. While gender equality is at the heart of our cause, we're also an open space for all Teddy Students to come and talk about intersectional issues close to their heart, and a feedback and advocacy platform to ensure all our voices are heard. Come join us to meet other students who care about the same issues, to make new friends, and to take action to make Teddy an inclusive place for all.

Student Journalism – rose.morley@seh.ox.ac.uk

If you fancy yourself a writer, Oxford's a great place to start. From the student newspapers of The Cherwell to the Oxford Blue, to the more essay-style offering of The Isis and Oxford Book Review, there's plenty for everyone. As with everything, Facebook is the place to be, but definitely chat to the people manning the stalls at the freshers fair to start making inroads and get advice!



Women's Football – lalou.laredo@seh.ox.ac.uk / eve.gueterbock@seh.ox.ac.uk

Heyyy guys! Pack your shin pads and get out your old studs as a new footballer has entered Teddy Hall. It's you! We are the Teddy women's* football team! We're a very friendly and sociable club. We have done almost really well in the past in cuppers, getting the furthest in record last year. (We always win at heart x) but welcome any and all skill level!! We have weekly drinks and so much fun at crewdates (crops are never accepted) and are a great way to meet people in different years! Come find a captain if you wanna join! Ps. Bring spare shoes.



Darts – saul.manasse@seh.ox.ac.uk

Arms shaking, sweat drenched in your hair, cold tungsten biting at your fingers – darts is a cruel and unrelenting mistress for many of the Hall's finest athletes. Whether you'll be enshrining your name in the annals of history and the bar walls by hitting the fabled 180, or just joining for lively and sociable inter-college fixtures, SEHDC is open for aspiring players of all abilities. As the most storied club in Teddy Hall and the only one with onsite facilities (read: the board in the Buttery), we're lucky enough to have easy access to regular 'practice' (read: throwing darts for ten minutes before getting frustrated and ordering a drink). Almost all our players had never touched a dart before coming to Oxford so it can't be stressed enough just how unimportant actual ability is provided you're prepared to make outlandish claims that you can't deliver on and to back yourself even after you've already lost. We play once or twice a week in Michaelmas and Hilary in league and friendly matches that are always really fun and relaxed, so we would encourage all members of the Hall to come down and get involved regardless of whether they intend to throw. Having won the Super League just two years ago, and sadly falling early in cuppers in the year just gone, SEHDC will be well incentivised to fight to regain former glory. That said, in the immortal words of darts GOAT Phil Taylor, "No-one cares who wins; they only care who chats the most shit." Get involved.

Drama – rose.morley@seh.ox.ac.uk

Drama at Oxford - talent incubator for the likes of Hugh Laurie, Rowan Atkinson, Rosamund Pike, Ian McKellen and Emma Watson, or hellish cesspit of people that were the main role in their school play and can't let it go? Only one way to find out! The drama scene is one of highs and lows, but if you're even the slightest bit interested, give it a go. The number one thing to join is OUDS on Facebook, where info and casting calls are posted. Things kick off with Drama cuppers, a silly intercollegiate competition that involves writing and putting on a short play in teams. Teddy has a very good track record with this, so if you want to do it, or anything else at Oxford, shoot me a message. Everything can seem a little intimidating at first, and hard to get into, but that's why I'm here!

Swimming – poppy.buckley@seh.ox.ac.uk / mauricio.alencar@seh.ox.ac.uk

ATTENTION ALL MERMAIDS AND AND MERMANS! SEH Swimming is the Hall's most successful and inclusive sports club. We are INVINCIBLE at swimming cuppers, having now won many years in a row. No swimming skills needed whatsoever- just numbers and smiley faces. We are so excited to win cuppers again, so make sure to sign up for the big day at the end of Hilary term!!!



Cricket – kunal.barman@seh.ox.ac.uk

Cricket at the Hall has seen an upsurge in recent year, with SEHCC winning Cuppers in 2017, and finishing runners up in 2018 after tying the final and losing out in the super over (very ICC World Cup like). The Cricket Cuppers final has established itself as a significant date in the Hall sporting calendar, with large numbers gathering in the Parks to support the Hall. Outside of cuppers, we field 2 league sides on a weekly basis in Trinity, with players from all abilities encouraged to join, even if its your first time swinging a bat. As an added bonus we also have claims to some of the best sporting stash in college.

Netball - beth.scott@seh.ox.ac.uk

Whether you're an experienced player or have never played netball before, there is a place for you on the netball team. We hold a training session every week which we aim to make as fun as possible so please come along and give it a go! During the first two terms we also play in an intercollegiate league, usually playing one match a week. These matches are a fun way to put our training into practice, however, do not feel pressured to join in with matches straight away – even if you just want to take part in training sessions, we'd love to see you there! We also hope to have regular social events such as crew dates and social sports nights. In Trinity term, we also take part in Cuppers, a fun knockout tournament between all the colleges over a day or two, a great way to end the year. Looking forward to meeting you at the freshers fair and hopefully seeing a lot of you on the court this year!

Rugby – teddy.thomson@seh.ox.ac.uk

St Edmund Hall RFC is the most successful rugby club in Oxford's long history of college sport. Having won over half of every Cuppers tournament we have ever entered, we have a big rugby legacy that we are striving to continue.

Unfortunately, last year we were unable to get our 3rd cuppers victory in a row after a narrow loss to New College; instead, we will look to this coming season to defend our title and to make up for the lost celebrations from last season. The Cuppers tournament offers colleges competitive, hard-fought rugby. Past campaigns have always ended with fans storming the pitch in celebration, beer flying everywhere, players and supporters alike in tears of joy. It is this scene which symbolises how much rugby means to the Hall. However, it is not all competitive; we accommodate players at any level, from beginners right up to those with professional contracts. As well as this the club seeks to emphasise both performance and a healthy social aspect. Across the season we offer a great mix of serious rugby as well as friendly and a more Sunday league style as well, so we look to get everyone involved. As a result, we consider ourselves one of the most inclusive clubs as well as successful. The college is very proud of its rugby team and games often attract large crowds of supporters. On the Saturday of fresher's week, we will take on the Teddy Hall Old Boys so we will be looking to get as many freshers involved either playing or watching. In preparation for this we will be looking to plan some training in fresher's week. After every match on a Saturday rugby drinks is held in the college bar, which we will be looking to intersperse with a few crew dates (boozy meals with women's sports teams) and themed socials. These drinks are great fun and enable a good social mixing for people from all over college. We will also look to put teams out for the cuppers 7s tournament (in which we won the plate last year) and the cuppers touch rugby tournaments (which we won last year). Finally, and possibly most excitingly we are looking to arrange a tour to Europe, this will consist of small amount of rugby and a large amount of fun in an undisclosed European location. This promises to be a couple of the best days of the year and we expect large participation from both those more rugby inclined and those more socially reclinid. Rugby is the soul of Teddy Hall and I can't recommend getting involved in any capacity enough. Please do feel free to contact me if you have any questions about the rugby club and please join the Facebook group which will be advertised on the JCR page whether you are interested in playing or simply coming along to drinks.



Badminton – john.duale@seh.ox.ac.uk / tehilla.campbell@seh.ox.ac.uk

Hi hall! The badminton club is first and foremost a casual club for all levels of players. Whether you're a total beginner or a seasoned expert, come give college badminton a shot! We will organise some casual play sessions just between ourselves, as well as non-competitive league games with other colleges throughout Michaelmas and Hilary. This is a chance for anyone to play some inter-college badminton. Otherwise, the university runs regular clubnight sessions at Iffley Centre that are open to everyone. Later in the year, we will compete in college cuppers, which is for more experienced players. We would love to put together a woman's/mixed team this year, as we were sadly not enough in numbers to do so last season. Hope to see you soon! Tehillah and John x

Gymnastics – olivia.allen@seh.ox.ac.uk

Teddy Hall are the reigning cuppers gymnastics champions and have been for the last few years so we have a bit of a legacy to uphold! Gymnastics cuppers is a great event to be part of and Teddy always has the biggest college turn out so let's keep this up! No actual gymnastics skill or any prior training sessions are required as you get points by simply turning up and getting in the hall spirit so it would be great to see as many people repping this the college this year as possible! For anyone who is more of an experienced gymnast or wants to get more involved, the university gymnastics club offers regular training sessions at both Iffley road sports centre and full equipment sessions at Abingdon gymnastics club as well as an opportunity to represent the university at competitions throughout the year.

Hockey – leo.brake@seh.ox.ac.uk

Hi (h)all, Whether you're part of a national team or have never touched a hockey stick, you'll be more than welcomed at Teddy hockey! We are a friendly, laid back (but secretly very competitive) team who would love and encourage any new members! Last term, led by the heroic ex-captain Harriet Eyles, Teddy made it all the way to the Finals, only to have our dreams snatched away by those meanies at Hertford. This year we won't let that happen again. Co-captains, Poppy and Leo, are very relaxed and they understand Oxford can be a busy place - so don't worry about us constantly nagging you to come to training. Come see me at Teddy's freshers fair if you're interested! (I'll be the handsome fella a couple rows from the front). And if there are any new players who would like a beginners session to get warmed up then I'd be more than happy to sort something out 😊

Men's Football – caspar.soyoye@seh.ox.ac.uk

Hi, I'm Caspar, captain of SEHAFC. SEHAFC is our college football team and I run the mens side of the sport. We have 3 teams 1st, 2nd and 3rd XI which is great as players of every level can take part in both a league, which each team has their own division for with roughly even matched teams, and a knockout tournament called cuppers which again is separated based on level. The 1st XI got to the semi-finals of the main competition last year after being 2 - 0 up at halftime which was absolutely gutting so our hope for this year is that we win! Matches are a huge college event, for the semis around 120 teddy hall supporters came with a lot of free booze on the sidelines and it really made the whole atmosphere of the event really cool. I will be sending a link to the SEHAFC 2022/23 group chat on our JCR facebook page soon and I hope to get as many people involved as it is a chance to get to know everyone and work together as team. Football drinks are also a great laugh with all the football teams as well as anyone who wants to come on a Thursday night. Around half the people who come not even play football! Do get involved in playing football and football drinks it'll introduce you to all members of the hall and get to know them! Hope to see you all soon!



Varsity Ski Trip – tara.sallaba@seh.ox.ac.uk

Hello hello! I'm your Varsity Rep this year which means I am your go-to person for information about the event of the season: the Varsity Ski Trip. It is a legendary event that happens once a year, and you are lucky enough to be at Oxford in time for the 100th anniversary. The trip is in partnership with C*mbriage in Val Thorens, and is definitely not just for seasoned skiers. In fact, last year, over 100 members of Teddy attended, of all skill levels, with many learning to ski for the first time. It is also the best value for money one could ask for, and absolutely ideal if you want to holiday with your friends since it's all organised for you. I'll be looking for some freshers reps to help me organise the trip, so if you're interested in skiing, après or the slopes, do get in-touch via Facebook. And in the meantime, if you are curious about the trip more generally, please do join the "Teddy Takes Varsity" group on there as well.

There's so many other clubs and societies at Teddy: something for everyone! You'll see all these and more at the Fresher's fair next Wednesday but if you have any questions don't hesitate to drop the contacts here a message!

